

15 Pound Gear Bag for Mackinac Race!

(must leave cotton & may leave boots on shore)

Item	(most are web links)	Comments					
			Hot & Dry	Hot & Wet	Cool & Wet	Cool	Cold & Wet
Undies	Polyester T Shirt	Cooler than a cotton t-shirt, wicks & dries fast under pile when it gets cooler	Bolded Items are a must!				
	Supplex Shorts with mesh liner	Supplex nylon short with polyester mesh brief is comfortably cool, quick drying & great under pile pants	X	X	X	X	
	Medalist Skinetics® Top	Use this with a pile top and FWG for maximum warmth on the weather rail	X	X	X	X	X
	Medalist Skinetics® Bottom	Use this with pile pants & FWG for maximum warmth on the weather rail					X
Warmth	Gill i4 Fleece Top	Insulation layer to add over Medalist Dri-Gear UV T Shirt for warmth or sleeping off watch			X	X	X
	Gill Toasty Pants	Insulation layer to add over Supplex Shorts for warmth or sleeping off watch			X	X	X
	Gill i4 Polartec® Vest	Insulating the core adds maximum warmth without adding bulk, also a great pillow					X
Hands	Sailing Gloves	New Amara (synthetic leather) is lighter, more durable & dries without stiffness	X	X			
	Capilene Glove Liners	Great under sailing gloves for warmth with dexterity or to increase other glv warmth					X
	Medalist PowerStretch Gloves	Still warmth when wet, yet light enough to operate shackles & electronics			X	X	
	Windstopper® Gloves	Windproof pile glove for warmth>>>even warmer with Capilene glove liners					X
Feet	Wigwam Acrylic Socks	As cool as cotton, but warm when wet, quick drying	X	X			
	Wigwam Merino Wool Socks	Warmer than acrylic, great in deck shoe			X	X	
	Acorn P200 Pile Socks	Warmest sock that replaces boot when under a Seal Skinz waterproof breathable sock					X
	Seal Skinz Waterproof Socks	Replaces boot & can choose warmth of sock underneath				X	X
	Sperry Tech Shoe SB1070	Quick drying, should have some room for sock & Seal Skinz sock. Widths available.	X	X	X	X	X
Shell	Breathable Foul Weather Jkt	Waterproof Breathable FWG is now value priced and durable				X	X
	Breathable Foul Weather Bibs	Waterproof Breathable FWG is now value priced and durable				X	X
	Windproof Top (HL Breeze)	Water repellant, windproof & very breathable for when FWG jkt is too much		X	X		
	Supplex Blend Vented Shirt	Sun protection (SP) & can be wetted for additional cooling	SP				
	Supplex Blend Pants	Sun protection (SP) & can be wetted for additional cooling	SP				
Head	"Baseball" hat	Sun protection, acts as a visor & great under hood to shield glasses in rain	X		X	X	
	Gill Technical Sailing Hat	Maximum sun protection with brim going all the way around hat	SP				
	Wigwam Thermax Watch Cap	Warmth without the itching of a wool hat				X	X
	Rain Hat	Gore-Tex broad brim hat is great for drizzle & when one does not want to use hood		X			
Accessories	Cotton Bandana	Wet & place around neck for cooling or tuck under hat for maximum sun protection	SP				
	Sunglasses-full UV (A,B,&C)	Quality glasses offer full UV a,b & c protection along with being optically correct	X		X		
	Eyeglass Strap	Why "deep six" a quality pair of glasses ?	X	X	X	X	X
	Bite Lite & whistle	Keep your shipmates sleeping when you are down below	X	X	X	X	X
	Pocket Flashlight	Great for seeing the spar fly but small enough for your pocket	X	X	X	X	X
Toiletries	Deoderant	Keep your shipmates happy (travel size saves space)	X	X	X	X	X
	Blistex Lip Balm	Keep lips protected & moist	X	X	X	X	X
	Dermatone Sun Block	Great around nose, ears & mouth with a pleasing smell	X		X		
	Gill Quick-Dry Towel	Light, quick drying replacement for a towel					

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